

SPORTS CAMP

WHEN:

During Ascension holidays, Azam proposes, every morning from 9:00 am to 11:45 am, a swimming camps

from 07/05/2018 till 11/05/2018 5 days

WHERE:

Piscine New Archimède
5, av d'Italie
1050 Ixelles

PROGRAMME:

Welcome reception by the teacher from 08:45 am
Beginner or advanced level of courses swimming depending on the level of the child.
Starting from 3 years.

Pitch-stirrer: muscle arms and the pectoral ones

Crawl: speed and control of breathing

Back crawl: muscle the back

Butterfly: exercise of endurance for the good swimmer

Snorkeling with diving mask and snorkel.

Lifesaving rescue fully clothed

At the end of the activities (11:35 am), the children will be given a healthy snack (fruit) and will enjoy the garden while waiting for their parents at 11:45 am.

PRICE:

150 € the week or 35€ the half day

INFORMATION AND REGISTRATION:

Tel.: 0477/652-477 Azam.
e-mail: daimoussi_azam@hotmail.com

A deposit of **85 €** is required for the registration and the balance should be paid by **04 May 2018** (payment in full at registration is also possible).

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Name: First Name:

Age: Tel.:

Payment preference:

Deposit (85 €) and balance (65 €):

Total amount (150 €):

IBAN BE52 0012 8172 9809

Private lessons during school term