  **SPORTS CAMP** 

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| **WHEN:** |  |
| During Ascension holidays, Azam proposes, every morning from 9:00 am to 11:45 am, a swimming camps from 10/05/2021 till 14/05/2021 5 days |  |
| **WHERE:**Piscine New Archimède 5, av d’Italie 1050 Ixelles |  |
| **PROGRAMME:**Welcome reception by the teacher from 08:45 amBeginner or advanced level of courses swimming depending on the level of the child.Starting from 3 years.**Pitch-stirrer**: muscle arms and the pectoral ones **Crawl:** speed and control of breathing **Back crawl**: muscle the back **Butterfly**: exercise of endurance for the good swimmer **Snorkeling with diving mask and snorkel**.**Lifesaving rescue fully clothed**At the end of the activities (11:35 am), the children will be given a healthy snack (fruit) and will enjoy the garden while waiting for their parents at 11:45 am. |  |
| **PRICE:** 160 € the week or 35€ the half day |  |
| **INFORMATION AND REGISTRATION:** Tel.: 0477/652-477 Azam. e-mail: daimoussi\_azam@hotmail.comA deposit of **85 €** is required for the registration and the balance should be paid by 05 **May 2021** (payment in full at registration is also possible).  |  |
| -------------------------------------------------------------------------------------------------------------- Name: ……………………………………. First Name: …………………………. Age: ………………………………………Tel.: ……………………………… |  |
| Payment preference:Deposit (85 €) and balance (75 €):  Total amount (160 €): IBAN BE92 1030 2985 2123**Private lessons during school term** |  |

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